

## Welcome to British Home Rehabilitation Services.

### We hope you have a speedy recovery!

Here is a list of our most frequently asked therapy questions.

#### 1. What types of therapy will I have?

Most everyone will have at least one session of Physical Therapy (PT) and one session of Occupational Therapy (OT) every day of the week. Speech Therapy (ST) may also be involved when indicated and those sessions range from 2 to 5 times per week.

#### 2. How much time will I be in therapy each day?

This depends on each person's diagnosis, mobility level, endurance, medical history, etc. In general therapy sessions are approximately one hour on weekdays and 30-45 minutes on weekends. Therapy is offered up to 7 days per week unless specified otherwise.

#### 3. Will I see the same therapist each time?

You will have a consistent therapist for PT and OT during the week for the majority of your stay. We do ask for your patience and understanding as unforeseen scheduling circumstances and vacations do arise. Rest assured that all of our therapists are highly qualified.

#### 4. What time will I have my therapy treatment sessions?

We will try our best to let you know your schedule a day ahead of time to help you plan your day. We work very hard to schedule your therapy at a preferred time based on availability, but again ask that you are flexible with us. We always try to accommodate special visits from family and friends, and are happy to include guests as appropriate.

#### 5. Do I have to come to each therapy session if I do not want to?

We strongly encourage you to attend each therapy session as **it is an extremely important part of the healing process and the reason you are here**. We do understand that sometimes you may not feel up to full participation in therapy and

we will modify our treatment plan to accommodate those situations. Please understand that your insurance company is covering your stay here so that you can receive therapy on a very regular basis, and that coverage could be jeopardized by missed sessions.

**6. Can I continue receiving therapy at British Home after I complete my stay?**

Yes, we offer the same quality therapy services in the British Home for those who could like to continue receive Physical, Occupational, or Speech Therapy treatments.

**7. Who can I talk to if I have more questions, concerns or compliments?**

Please speak to your regular therapist or ask to speak to the Director of Therapy Services to address any further issues.

**8. How many days will I receive therapy?**

This is based on one's progress and participation in therapy and nursing. Medicare guidelines require one to meet functional goals.

***Enjoy your stay with us!***