

## Helpful Hints for Your Rehabilitation Stay

1. Please bring about 7 to 14 days worth of comfortable daytime clothing with your name written inside. Laundry markers can be purchased at Walgreen's, CVS, Osco, etc. We will launder your clothing at no charge. Label items with your full first and last name.
2. Also bring two pairs of pajamas and/or nightgowns, a comfortable robe and one to two weeks' worth of undergarments. You may also bring rubber-soled slippers.
3. Please bring a comfortable pair of rubber-soled street shoes to wear to your therapy sessions. The right shoes are very important to your rehabilitation and recovery.
4. You should also bring any puzzles, books, magazines, laptop computers, hand-held video games or other such portable things you enjoy and would like to catch up on.
5. Leave behind any checkbooks, credit cards and/or cash. Anything additional that you need to purchase while you are here we can bill on your monthly statement.
6. Wear a minimal amount of jewelry and leave other valuables behind. If you do have valuables with you, let Social Services staff know, and we will lock it up.
7. Please do not bring food. Meals and snacks are provided. Food gifts from family or friends should be cleared through the Charge Nurse.
8. Your call button should ***always*** be within your reach. Keep it clipped to your bed where you can reach it to call the nurses or aides. We want to know you are calling us.

***We are a smoke-free facility.***

We use independent providers for vision, audiology, dental, podiatry, psychiatric and pharmacy services. These providers can serve you here during your stay. It is your responsibility, or the responsibility of your representative, to contact them directly.

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