

Sunday

Soup — White Bean

Salad — Petite Spinach

Baked Ham

Salisbury Steak with Gravy

Candied Yams & Steamed Broccoli

Mashed Potatoes & Lima Beans

Dessert — Lemon Pie

Monday

Soup — Minestrone

Herbed Black Chicken

Citrus Pork Loin

Red Potatoes & Steamed Carrots

Red Roasted Potatoes & Sautéed Spinach

Dessert — Blueberry Angel Food Cake

Tuesday

Soup — Cream of Tomato

Baked Vera Cruz Fish

Roasted Turkey

Garlic Orzo & Sautéed Zucchini

Mashed Potatoes & Corn with Pimentos

Dessert — Pineapple Upside Down Cake

Wednesday

Soup — Potato

Salad — Caesar

Dijon Crusted Chicken

Pineapple Glazed Ham

Brown Rice & Baked Winter Squash

Brown Rice & Brussel Sprouts

Dessert — White Chocolate Mousse

Thursday

Soup — French Onion

Roast Beef

Shrimp Basket

Baked Potato & Peas

Roasted Carrots

Dessert — Cherry Pie

Friday

Soup — New England Clam Chowder

Baked Tilapia

Patty Melt with Lettuce/Tomato/Pickle

Barely Pilaf Vegetable Medley

Steak Fries

Dessert — Cheesecake

Saturday

Soup — Egg Drop

Chicken Parmesan

Sweet & Sour Pork

Spaghetti & Brussel Sprouts/Pearl Onions

White Rice & Asian Blend Vegetables

Dessert — Peach Cobbler

Menus are subject to change based on seasonality, holiday observances and feedback from clients.

Sunday

Soup — Vegetable

Fish and Chips
Sautéed Squash

Chicken Salad Sandwich
Pickled Beets & Dinner Roll

Dessert — Ice Cream

Monday

Soup — Cream of Broccoli

Cheese Sandwich
Coleslaw & Green Peas

Turkey Ala King
Buttered Noodles and Green Peas

Dessert — Fruited Jell-O

Tuesday

Soup — Beef Noodle

Salad — Mixed Greens

Chicken Quesadilla
Vegetable Medley

Gyro Plate
With Cucumber Sauce, Tomatoes & Onions

Dessert — Pudding Parfait

Wednesday

Soup — Turkey & Rice

Grilled Reuben
Potato Wedges, Coleslaw

Chef Salad
Julienne of Ham, Turkey & Cheeses

Dessert — Chocolate Chip Cookies

Thursday

Soup — Butternut Squash

Chicken Pot Pie
Green Beans & whole Grain Roll

Pasta Primavera
Green Beans & Dinner Roll

Dessert — Fudge Brownie

Friday

Soup — Lentil

Salad — Broccoli Slaw

Roast Beef & Cheddar Panini
Italian Flat Beans

Crispy Fish Sandwich
Italian Flat Beans

Dessert — Ice Cream

Saturday

Soup — Beef Barley

Sloppy Joe
Grilled Vegetable & Four-bean salad

Grilled Turkey Burger
Grilled Vegetable & Four-bean salad

Dessert — Lemon Bar

Sunday

Soup — Chicken Orzo

Salad — Mixed Green

Pot Roast

Ginger Glazed Catfish

Au Gratin Potatoes & Roasted Cauliflower

Mashed Potatoes & Sautéed Spinach

Dessert — Lemon Angel Food Cake

Monday

Soup — Cream of Asparagus

Lemon Mustard Turkey Breast

Cheese Ravioli with Meat Sauce

Oven-Browned New Potatoes & Winter Squash

Wax Beans

Dessert — Cappuccino Mousse

Tuesday

Soup — Chicken & Wild Rice

Smothered Pork Chop

Beef with Pepper Stir Fry

Mashed Potatoes & Sugar Snap Peas

White Rice & Steamed Carrots

Dessert — Apple Pie

Wednesday

Soup — Potato

Salad — Black-eyed Bean

Lemon Dill Cod

Manicotti with Marinara

Brown Rice & Roasted Beets

Sautéed Cabbage

Dessert — Banana Cake

Thursday

Soup — Italian Wedding

BBQ Pork Ribs

Crispy Oven-Baked Chicken

Sweet Potato Soufflé Vegetable Medley

Sweet Potato Soufflé Vegetable Medley

Dessert — Coconut Cream Pie

Friday

Soup — Manhattan Clam Chowder

Meatloaf

Baked Pollack

Mashed Potatoes & Peas/Mushrooms

Mashed Potatoes & Turnips Au Gratin

Dessert — Cherry Cake

Saturday

Soup — Split Pea

Fried Chicken

Shepard's Pie

Mashed Potatoes & Steamed Broccoli

Mashed Potatoes & Roasted Baby Carrots

Dessert — Blueberry Cobbler

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Sunday

Soup — Tomato Basil

Grilled Cheese Sandwich

Bistro Chips

Salad — Carrot Raisin

Cottage Cheese & Fruit

Muffin

Dessert — Ice Cream

Monday

Soup — Beef Vegetable

Hot Roast Beef Sandwich

Red Cabbage & Apple Salad

Classic Caesar Salad with Flank Steak

Bread Stick

Dessert — Cream Cheese Brownie

Tuesday

Soup — Broccoli Cheese

Chicken Fingers with Dip

Zucchini & Fresh Fruit Cup

Potato & Cheese Pierogi

Sauerkraut

Dessert — Lemon Pudding Parfait

Wednesday

Soup — Hearty Vegetable

Chicken Salad Plate with Fruit

Whole Wheat Roll

Salad — Mixed Green

Hot Ham & Swiss Sandwich

Green Beans

Dessert — Sugar Cookies

Thursday

Soup — Cuban Black Bean & Rice

Beef Stroganoff

Egg Noodles

Southwest Turkey Salad

Broccoli

Dessert — Watermelon

Friday

Soup — Chicken Noodle

Italian Submarine

Summer Squash

Salad — Caesar

Bowtie Alfredo with Chicken

Marinated Italian Vegetables & Garlic Toast

Dessert — Ice Cream

Saturday

Soup — Winter Vegetable

Turkey Club on Whole Wheat Toast

Potato Wedge & Marinated Mushrooms

Hot Dog

Potato Wedge & Peas

Dessert — Oatmeal Raisin Cookies

Sunday

Soup — Navy Bean

Salad — Wedge

Rotisserie Style Turkey Breast
Baked Potato & Green Beans

Cheese Tortellini with Alfredo Sauce Vegetable
Medley & Dinner Roll

Dessert — Chocolate Pie

Monday

Soup — Mushroom and Barley

Chicken & Dumplings

Baked Fish

Zucchini with Diced Peppers

Sautéed Mushrooms & Scalloped Potatoes

Dessert — Angel Food Cake with Fruit Topping

Tuesday

Soup — Beef Vegetable

Roast Pork Loin

Chicken Teriyaki

Rosemary Potatoes & Dilled Carrots

Fried Rice & Asian Blend Vegetables

Dessert — Blueberry Crisp

Wednesday

Soup — Lemon Chicken Greek

Beef Stroganoff

Dijon Herb-crusted Tilapia

Egg Noodles & Vegetable Medley

Brown Rice Sautéed Spinach & Roll

Dessert — Apple Sauce Cake

Thursday

Soup — Garden Vegetable

Chicken with Artichokes & Mushrooms

Cheese Ravioli with Marinara Sauce

Wild Rice & Roasted Root Vegetables

Buttered Lima Beans & Garlic Bread

Dessert — Peach Pie

Friday

Soup — Cream of Chicken

Liver & Onions

Eggplant Parmesan

Scalloped Potatoes & Stewed Tomatoes

Rotini Pasta & Asparagus

Dessert — Chocolate Cheesecake

Saturday

Soup — Cream of Tomato

Carolina BBQ Pork Sandwich

Chicken Broccoli Casserole

Barley with Mushrooms Peas & Onions

Vegetable Medley & Dinner Roll

Dessert — Apple Cobbler

Sunday

Soup — Cream of Mushroom

Baked Ziti with Sausage

Carrots and Dinner Roll

Salad — Mixed Greens

Ham & Cheese Sandwich

Carrots

Dessert — Ice Cream

Monday

Soup — Pumpkin

Hot Pastrami

Served with Green Beans

Salad — Chopped Vegetable

Egg Salad

Served with Green Peas

Dessert — Fresh Fruit

Tuesday

Soup — Pepper Cabbage

Open-faced Roast Beef Sandwich

Mashed Potato & Roasted Carrots

Salad — Cucumber & Onion

Macaroni & Cheese

Served with Roasted Carrots

Dessert — Bread Pudding

Wednesday

Soup — Yellow Split Pea

Turkey Ala King

Broccoli & Dinner Roll

Salad — Garbanzo Bean

Tuna Melt

Served with Broccoli

Dessert — Assorted Cookies

Thursday

Soup — Cream of Red Pepper

Chicken Wings

Tater Tots & Pickled Vegetables

Deluxe Hamburger

Hush Puppies & Cauliflower

Dessert — Fudge Brownie

Friday

Soup — New England Clam Chowder

Fried Catfish

Hush Puppies Coleslaw & Cornbread

Sausage Pepper & Onion Sandwich

Coleslaw

Dessert — Ice Cream

Saturday

Soup — Turkey with Wild Rice

Grilled Chicken Sandwich

Home Fried Potatoes & Winter Squash

Salmon Patty

Fried Potato & Cucumber

Dessert — Assorted Cookies

Sunday

Soup — Chicken Tortilla

Roast Beef with Gravy	Seafood Newburg
Mashed Potato, Broccoli & Dinner Roll	Orzo, Harvard Beets & Dinner Roll

Dessert — Angel Food Cake with Raspberry Sauce

Monday

Soup — Apple Fennel

Salad — Mixed Greens

Chicken Cordon Bleu	Baked Tilapia
Sweet Potato, Steamed Carrots & Roll	Spanish Rice & Fiesta Corn

Dessert — Chocolate Sinful Mousse

Tuesday

Soup — Squash & Root Vegetable

Salad — Mixed Greens

Meat Lasagna	Orange Chicken Stir Fry
Italian Vegetable Medley & Garlic Bread	Brown Rice & Sugar Snap Peas

Dessert — Pecan Pie

Wednesday

Soup — Sweet & Sour

Sesame Ginger Fish	BBQ Roasted Pork Loin
Fried Rice, Sautéed Bok Choy	Brussels Sprouts & Wheat Roll

Dessert — Carrot Cake

Thursday

Soup — Chicken Gumbo

Turkey Meatloaf	Ravioli in Tomato Sauce
Roasted Potatoes & Baked Squash	Collard Greens & Garlic Bread

Dessert — Bananas Foster Bread Pudding

Friday

Soup — Manhattan Clam Chowder

Fried Chicken	Fish Florentine
Whipped Potatoes, Vegetable Medley	White Rice, Buttered Corn

Dessert — Red Velvet Cupcake

Saturday

Soup — Cream of Carrot

Pot Roast	Broiled Pork Chop
Buttered egg noodles, Steamed Cabbage & Roll	Cous cous & Grilled Vegetables

Dessert — Cherry Cobbler

Sunday

Soup — Cream of Vegetable

Chicken Cacciatore

Whole Wheat Penne, Green Beans & Garlic Bread

Salad — Carrot Raisin

Bacon, Turkey & Cheddar Sandwich

Lettuce, Tomato, Pickle & Green Beans

Dessert — Ice Cream

Monday

Soup — Creamy Lentil

Beef Pot Pie

Buttered Carrots & Dinner Roll

Salad — Spinach

Grilled Cheese & Tomato

Steak Fries & Cauliflower

Dessert — Sugar Cookies

Tuesday

Soup — Pasta Fagioli

Turkey Tortilla Casserole

Carrots

Salad — Zucchini Apple Slaw

Country Fried Steak

Mashed Potato & Carrots

Dessert — Pudding Parfait

Wednesday

Soup — Five Bean

Tuna Salad Sandwich with Broccoli

Beef Quesadilla with Pinto Beans & Corn Relish

Dessert — Fresh Fruit

Thursday

Soup — Cream of Mushroom

Grilled Chicken Sandwich

Macaroni Salad & Green Beans

Salad — Chopped Slaw

Hot Dog

Macaroni Salad & Green Beans

Dessert — Turtle Brownie Bites

Friday

Soup — Wisconsin Cheddar

French Dip

Sweet Potato Fries & Buttered Peas

Salad — Marinated Cucumbers

Loaded Turkey Chili

Cornbread

Dessert — Ice Cream

Saturday

Soup — Mulligatawny

Baked Ziti with Meat sauce

Marinated Italian Vegetables & Dinner Roll

Chicken Tenders with Ranch

Tater Tots & Marinated Italian Vegetables

Dessert — Oatmeal Cookies